

# Rancho Penasquitos Little League

## Spring 2021 Safety Parent Meeting

March 4, 2021



# Agenda

- Introduction - Aaron McDaniel
- The Safety Plan
- The Safety Parent role
- Key Covid-related safety processes and rules
- Non-Covid key safety processes and rules
- Action items
- Q&A



# Introduction

- Aaron McDaniel - RPLL Vice President
- Stephen Smythe - RPLL Safety Officer

*Game play and scrimmages **are not** approved by City Parks & Rec.*

*Approval is imminent.*



# RPLL Safety Plan

- Who knows that RPLL has a Safety Plan and a Local Rules related to Covid document?
  - Have you read them?
  - Please do :)
- Please become familiar with both documents so you can share safety concerns with your teams manager
- Why do we have a Safety Plan?



# The Safety Parent Role

- Focused set of eyes to help ensure a safe environment
- Direct partnership with manager to ensure a safe environment
- Emphasize safety with all members of team including spectators



# Practice Rules Overview - Covid-19

## Before Practice

- Practices will be scheduled with extra time between practices to reduce crowds
  - Practice times will be staggered at different fields
- Player drop off before practice - no earlier than 10 minutes before practice time
- We are no longer requiring a health check



# Practice Rules Overview - Covid-19

## During Practice

- Hand sanitizer breaks at least every 30 minutes
  - Players are asked to bring their own, but RPLL will provide each manager with their own bottle
- No spitting
- No handshakes or personal contact celebrations allowed



# Practice Rules Overview - Covid-19

## During Practice

- No sharing of equipment
  - Bats, helmets, gloves, **catchers gear**
  - Player can use league provided catchers gear, but it must be sanitized before the next practice
    - do not share in practice
  - If games are approved, will not be using catchers for Farm or TBall
- Dugouts will not be used
  - Player bags will be placed down the lines, 6 feet apart
  - All of a players equipment stays with their bag when not in use - do not use the bat rack





# Practice Rules Overview - Covid-19

## During Practice

- All volunteers that are on the field will **wear a face covering/mask at all times** including to and from the field
- Player mask use:
  - **Mandatory** to/from the field and when not actively engaging in baseball activities
  - **Optional** when engaging in baseball activities - This is **solely** determined by the players guardian
- Limit the number of volunteers on the field
  - Try and keep a stable group of volunteers



# Practice Rules Overview - Covid-19

## During Practice

- Canyonside batting cages
  - Can only be used during a teams scheduled practice time
  - First come, first served
  - Maximum of 2 adults and 4 players per team at the cage at a time
  - Maximum of 1 adult and 1 player inside a cage at a time
    - This includes picking up baseballs



# Practice Rules Overview - Covid-19

## After Practice

- Players will depart the field area within 5 minutes of their practice ending
  - Any team meetings need to ensure proper social distancing



# Game Day Rules Overview - Covid-19

## Before the Game

- In an effort to keep spectator numbers at a level that ensure social distancing, spectators for the Juniors, Intermediate and Minor A levels are asked to arrive no earlier than 30 minutes prior to game time
  - Games for other divisions are spaced out enough where groups of spectators from multiple teams should not be intermingling.
- All managers, coaches and safety parents **MUST** wear a mask at all times before, during and after the game



# Game Day Rules Overview - Covid-19

## Before the Game

- All players **MUST** wear a mask to and from the game and on the field when not actively engaged in baseball activities. Additionally, parents may choose to have their player wear their mask while actively engaged in baseball activities
  - Non baseball activities include:
    - Stretching
    - Team meeting (with social distancing)
    - In the dugout



# Game Day Rules Overview - Covid-19

## Before the Game

- Players will have a designated spot in the dugout where they will keep all of their personal equipment throughout the game.
  - If a parent does not want their player to be in the dugout, they must inform the manager 24 hours prior to gameday and they must provide a chair for their player to sit on. This chair will be placed behind or to the side of the dugout, behind the fences where the player will remain when not on the field of play
- The area behind the dugout and home plate will be marked off indicating that no spectators will be allowed in these areas



# Game Day Rules Overview - Covid-19

## Before the Game

- The area behind the dugout and home plate will be marked off indicating that no spectators will be allowed in these areas
- The Safety Parent will be allowed “between the fences” during games to aid in social distancing and other safety rule enforcement.
  - The Safety Parent should avoid any form of coaching
  - Preferably, the Safety Parent will stay behind the permanent dugout area as much as possible to avoid additional congestion on the field, but they can come “between the fences” should a safety issue arise



# Game Day Rules Overview - Covid-19

## During the Game

- All spectators will wear masks and maintain 6 feet of distance from people outside of their household
- After the game, team snacks and drinks are not allowed
- At the conclusion of a game, players should vacate the field and go directly to their family upon dismissal by their manager
  - Managers are asked to conclude any team meetings and field maintenance promptly to avoid congestion due to the arrival of teams for the following game
  - Families should maintain social distancing and it is recommended to leave the field as a family promptly as their player joins them





# Covid protocols

- Families need to direct all Covid issues to [covid@rpll.org](mailto:covid@rpll.org)
  - If they reach out to you or the manager, please do not attempt to handle or advise
- Please emphasize that families need to take responsibility for reporting exposure, symptoms or infection
- Covid protocols posted at RPLL.org



# RPLL Local Rules - Covid-19

The Rancho Penasquitos Little League Executive Board will review repeat violators or blatant violations of the rules contained in this and the District document by players, volunteers or spectators on a case by case basis. Consequences can include suspension.



# Other Safety Rules

- Any player with a bat in their hand must have a helmet on
- Any player that gets into a squatting position to receive a throw must have a catcher's mask with dangling throat guard and a protective cup
- All players must have a protective cup at all times
- If a player is catching for a volunteer with a bat in their hand, the player must have a catchers mask on
- Do not leave players alone at the field after practice
- Any player going to the bathroom must have an adult escort
- No food of any kind allowed between the fences



# Other Safety Items

- Medical emergencies
  - Don't hesitate to call 911
  - Send a parent to the street to direct emergency personnel
  - Report these injuries to Ben/Stephen ASAP
- Injuries
  - Injury reports are the managers responsibility to submit - Safety Parent can assist
  - Please report injuries within 48 hours to the Safety Officer - form at RPLL.org
  - An “injury” is something that typically requires a visit to a medical professional
- Red coolers at each field at Canyonside, BMR and Twin Trails
  - Ice packs
  - Heavy gauze
  - Wipes
  - gloves
  - If supplies are low, let the Safety Officer know



# Other Safety Items

- Concussions - be aware and please read details in the Safety Plan
- Before practice, inspect the field for snakes
- Arm safety - watch for signs of sore arms
  - Shaking arm
  - Drop in velocity
  - Taking longer time between throws
  - The player will almost never proactively say their arm is hurt
- AEDs at BMR and Canyonside
  - BMR - in the orange safety bin behind the 1B on deck circle on field 1
  - Canyonside - In the snack bar and in the rec center
- Do not leave pitching machines running unattended



# Action Items


- Facilitate a team safety meeting with all parents
- Emphasize that safety is everyone's responsibility, not just yours and the managers
- If you see something unsafe, say something
- Read the Safety Plan and Local Rules related to Covid for practices and games
- Reach out to Stephen for any questions

HOME ABOUT RPLL DIVISIONS **SAFETY** ALL-STARS

**FUN IS THE GOAL, BUT SAFETY IS FIRST**

The purpose of the RPLL safety plan is to establish a safety guideline that reporting mechanism to assess playing fields and equipment for safe operation, educate managers, coaches, assistants, team safety parents, families and management. Players and parents will also be active in the league's safe management.

With injury training and safety awareness, the league hopes to prevent injuries. Our players will be safer. Please keep this provided copy with you at game and fun season so please don't hesitate to contact either of us if any question about safety!



Ben Airth  
RPLL President

**SPRING 2021 RPLL SAFETY INFORMATION**

- [2021 Safety Plan \\_2.11.21](#)
- [Spring 2021 Local Rules in response to Covid - Game Day](#)
- [Spring 2021 Local Rules in response to Covid](#)
- [Spring 2021 Covid Protocols\\_2.15.21](#)
- [Spring Managers Safety Meeting slide deck](#)
- [RPLL Community Spring 2021 Meeting \(Nov 2,2020\)](#)
- [RPLL Community Spring 2021 Meeting \(ZOOM MEETING\)](#)



# Questions & Answers

- Reach out any time with any questions:
  - Stephen Smythe
    - [stephen@rpll.org](mailto:stephen@rpll.org)
    - Text - 858.776.7333
- Covid reporting
  - [covid@rpll.org](mailto:covid@rpll.org)

*Thank you for volunteering!*

